

PROGRAM

Departure and return : all informations are on the website

Summer Soccer Camp **Daily Schedule** :

7h00 Wake-up

7h30 ~ 8h00 Footing

8h00 ~ 9h00 Breakfast

9h00 ~10h15 Free time

10h30 ~ 12h30 practice

12h30 ~ 13h15 Lunch

13h15 ~ 14h45 Free time Sleep siesta time 15h00 ~ 17h00 practice

17h00 ~ 18h00 Bath time

18h00 ~ 18h30 Free time

18h30 ~ 19h15 Dinner

19h30 ~ 20h00 Meeting

20h00 ~ 21h30 movies, activities, playstation soccer tournament,

21h30 Bed time or later for the oldest one

For all parents willing to talk to their child, you may call them on a daily basis between 19h45 and 20h45

-----To Pack-----

Jogging suit

3 pairs of soccer socks

3 soccer shorts

3 soccer shirts (or tee-shirt)

Rain gear (K-way)

Soccer shoes with or without spikes

Shoes to play indoor

underwear

Socks

1 pyjama

A plastic bag for the laundry

shin guard

A ball Size 4 or 5

Aerbin Center Park :

Drink vending machin

Coin washing machin

Coin dryer machin